

## Sample of a Weekly Menu

|                  | <b>Midday Lunch</b>   | <b>Evening Dinner</b>   |
|------------------|---|---|
| <b>Monday</b>    | Shepherd's Pie served with<br>Crushed Potato & Mixed Veg<br><br>Apple Crumble & Custard                             | Pork Sausage & Tomatoes served with<br>Hashed Brown<br>Homemade Mushroom Soup and<br>Assorted Sandwiches<br><br>Victoria Sponge Cake                        |
| <b>Tuesday</b>   | Chicken in a White Wine<br>Sauce served with Broccoli,<br>New Potatoes & Sweetcorn<br><br>Poached Pears & Ice Cream | Cheese & Tomato Quiche served with a<br>Potato Salad & Coleslaw<br>Homemade Potato & Leek Soup and<br>Assorted Sandwiches<br><br>Fresh Strawberries & Cream |
| <b>Wednesday</b> | Pork Steaks served with<br>Carrot & Turnip, Potatoes<br>and Cabbage<br><br>Eton Mess                                | Baked Cod Goujons<br>Homemade Parsnip Soup and Assorted<br>Sandwiches<br><br>Carrot Cake  |
| <b>Thursday</b>  | Stewing Steak served with<br>Mashed Potato, Carrots &<br>Butter Beans<br><br>Strawberry Cheesecake                  | Lasagne<br>Homemade Broccoli & Cheese Soup and<br>Assorted Sandwiches<br><br>Fruit & Cream  |
| <b>Friday</b>    | Breaded Cod Fillet served<br>with Chips & Mushy Peas<br><br>Milk Pudding  | Homemade Sausage Roll served with<br>Fresh Salad and Pickle<br>Homemade Carrot & Coriander Soup<br>and Assorted Sandwiches<br><br>Cream Puffs               |
| <b>Saturday</b>  | Sliced Gammon served with<br>Dauphinoise Potatoes, Green<br>Beans & Cauliflower<br><br>Lemon Meringue Pie           | Corned Beef Hash<br>Homemade Tomato & Pepper Soup and<br>Assorted Sandwiches<br><br>Banana Custard  |
| <b>Sunday</b>    | Roast Turkey and Cranberry<br>Sauce served with, Roast<br>Potatoes, Sprouts and<br>Parsnips<br><br>Gateaux          | Homemade Pea & Ham Soup and your<br>choice of Sandwich served with an<br>optional Side Salad<br><br>Chocolate Eclairs                                       |

*Daily main course dishes are all homemade as standard with the exception of any individual items bought in for Buffets or occasional desserts. If you require any allergen or nutritional information please ask.*